



## PARADISE RECREATION CENTER

4775 MCLEOD DRIVE, LAS VEGAS, NV

(702) 455-7513

MONDAY-FRIDAY: 7:00AM-7:00PM

SATURDAY AND SUNDAY: CLOSED

togetherforbetter

Paradise Recreation Center has a variety of leisure classes and opportunities for your personal interests. Please feel free to attend our quarterly Senior Meeting to provide your ideas and input on what we plan for you! Remember to register early! Registering at the last minute may mean that the class has already been cancelled due to low enrollment. Visit the front desk or call us at 702-455-7513 for more information about programs.

Online Registration can be found at:  
[www.ClarkCountyNV.Gov/ParksRegistration](http://www.ClarkCountyNV.Gov/ParksRegistration)

### HOLIDAY CLOSURE

MON., MAY 26TH - MEMORIAL DAY

THURS., JUNE 19TH - JUNETEENTH

FRI., JULY 4TH - INDEPENDENCE DAY

### PROGRAMMING

#### CARDS WITH FRIENDS

Play, socialize, and make new friends!

**Day Time**

M/W /F 8:00 AM-3:00 PM

**Cost: Free!**

#### SCRABBLE CLUB

Enjoy casual word play with a welcoming and friendly group.

**Day Time**

Tues 8:00 AM-3:00 PM

**Cost: Free!**



### ANNUAL PASS IS COMING BACK!

Starting **June 1, 2025** we will offer a **6 month pass** to access all exercise classes with an \* for \$40. Effective January 2026, an annual pass will be available for all exercise classes with an \* for \$75.

### HEALTH & FITNESS

#### YOGA

Slowly move through moves to build strength and flexibility and discover our inner stillness.

**Day Time Cost**

Tues 12:00 PM-1:15 PM \$10

## SENIOR NEWSLETTER

## SUMMER 2025

### REGISTRATION INFORMATION

**MAY PROGRAMMING - Thursday, April 17**

**JUNE PROGRAMMING - Thursday, May 15**

**JULY PROGRAMMING - Friday, June 20**

**AUGUST PROGRAMMING - Thursday, July 17**

Anyone requiring special accommodations must request them on registration day. All meals and souvenirs are on your own. All registration will occur with the Paradise Recreation Center's Front Desk.

#### RESTORATIVE CHAIR YOGA AND MEDITATION \*

Encourages physical, mental, and emotional relaxation.

**THIS CLASS WILL END MAY 28 UNTIL FALL**

Day	Time	Cost
Wed	11:30 AM-12:30 PM	\$5

#### MUSIC AND MOVEMENT \*

Music and Movement include a mix of guided dance and improvised movement activities.

Day	Time	Cost
T/TH	10:00 AM-11:00 AM	\$5

#### CARDIO AND PUMP \*

A low intensity workout combines cardio, strength, and flexibility, all modified to a seated position.

Day	Time	Cost
M/W/F	9:00 AM-10:00 AM	\$5

#### PICKLEBALL

Stay active and social. Pickleball offers an approach to age & skill-based novice games for ages 18+, fostering a vibrant community.

**Day Time**  
T/TH 7:00 AM-10:00 AM





## SENIOR MEETING

Quarterly meetings to plan future activities and events.

All suggestions welcome! Snacks provided.

**Please register on June 20, 2025**

**July 17, 2024**

**10:00 AM - 10:30 AM**

## FIELD TRIPS

Advanced registration, in person, is required. Registration is on a first come first serve basis. All field trips have a \$2 transportation fee due at time of registration. Trips are non refundable. Additional fees may apply. **Please arrive 15 minutes before departure time. Departure from Paradise may vary 10 to 15 minutes.**

### MAY FIELD TRIPS

#### SIGHTS & BITES:

##### FASHION SHOW MALL

EXPLORE STYLE AND FLAVOR AT SITES AND BIGHTS IN FASHION SHOW, WITH DIVERSE SHOPPING AND TASTY FOOD COURT OPTIONS.

**Day Time**

Tues May 06 11:00am-1:00pm

**Cost**

\$2 - Fee + Spending Money

##### SUPER SUMMER THEATRE:

##### JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT

EXPERIENCE AN UNFORGETTABLE EVENING UNDER THE STARS AT SUPER SUMMER THEATRE, WHERE YOU CAN ENJOY A DELIGHTFUL PICNIC AND SPECTACULAR PERFORMANCE OF JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT.

**Day Time**

Fri May 30 5:30pm-10:30pm

**Cost**

\$27.50 - Fee (Must purchase tickets on **May 1** at Paradise) + Spending Money

### JUNE FIELD TRIPS

#### SUMMER SPLASH

MAKE A SPLASH THIS SUMMER AT HOLLYWOOD AQUATICS, WHERE VIP ACCESS LETS YOU RELAX IN STYLE WHILE FLOATING ALONG THE REFRESHING LAZY RIVER.

**Day Time**

Wed June 04 07:30am-10:30am

**Cost**

\$2 - Fee

#### SIGHTS & BITES:

##### IKEA HOME FURNITURE

ENJOY A UNIQUE EXPERIENCE AT SITES AND BITES IN IKEA, WHERE YOU CAN SHOP FOR STYLISH HOME ESSENTIALS AND INDULGE IN DELICIOUS TREATS AT THE ICONIC FOOD COURT.

**Day Time**

Tues June 24 11:00am-1:00pm

**Cost**

\$2 - Fee + Spending Money

### JULY FIELD TRIPS

#### SUMMER SPLASH

DIVE INTO THE ULTIMATE SUMMER SPLASH AT HOLLYWOOD AQUATICS, WHERE VIP ACCESS LETS YOU UNWIND WITH EXCLUSIVE PERKS AS YOU FLOAT ALONG THE SERENE LAZY RIVER.

**Day Time**

Wed July 02 07:30am-10:30am

**Cost**

\$2 Fee

#### BELLAGIO CONSERVATORY:

##### SUMMER

IMMERSE YOURSELF IN THE ENCHANTING BELLAGIO CONSERVATORY AT THE BELLAGIO, WHERE THE SUMMER INSTALLATION TRANSFORMS THE SPACE INTO A BREATHTAKING CELEBRATION OF NATURE'S BEAUTY WITH VIBRANT FLORAL DISPLAYS AND ARTISTIC DESIGNS.

**Day Time**

Wed July 16 11:00am-1:00pm

**Cost**

\$2 - Fee + Spending Money

### AUGUST FIELD TRIPS

#### SUMMER SPLASH

SOAK UP THE FUN AT HOLLYWOOD AQUATICS' SUMMER SPLASH, WHERE VIP ACCESS LETS YOU DRIFT IN LUXURY ALONG THE SERENE LAZY RIVER.

**Day Time**

Wed Aug 06 07:30am-10:30am

**Cost**

\$2 - Fee

## SAVE THE DATE

## BBQ AND BLUES

Savor the rich flavors at the Blues and BBQ Luncheon, where mouthwatering barbecue takes center stage for a truly enjoyable experience.

**Thursday, August 21, 2025**