



WEST FLAMINGO SENIOR CENTER

6255 W. Flamingo Rd, Las Vegas, NV 89103

(702) 455-7742 clarkcountynv.gov/parks

SESSION 2 - Apr 7 - Jun 27

Register: online Mar 10, walk-in Mar 10

CLASS SCHEDULE

ARTS & CRAFTS

Day	Time	Room	Cost
Knit & Crochet			
WED	9am-1pm	3	\$10
Open Crafts			
MON	9am-3pm	3	\$10
Open Sewing			
TUES	9am-1:45pm	3	\$10

DANCE

Day	Time	Room	Cost
Asian Folk Dance			
MON	2pm-4pm	1	\$6
Body Rhythm			
THU	3pm-4:45pm	MPR	\$8
Chinese Classical Dance			
TUES	1pm-4pm	1	\$8
Chinese Folk Dance			
WED	8am-9:45am	1	\$6
Exercise Line Dance			
FRI	11am-12:30pm	Ex	\$6
Exercise Line Dance			
FRI	12:30pm-2pm	Ex	\$6
Japanese Dance-Beg			
MON	1:45-4:45 pm	EX	\$10

DANCE - (cont.)

Day	Time	Room	Cost
Japanese Dance			
THUR	1:45pm-4:45pm	Ex	\$10
Korean Line Dance			
MON	10:30am-12pm	Ex	\$6
Korean Line Dance			
WED	1:30pm-3pm	Ex	\$6
Korean Traditional Dance			
TUES	2pm-4:30pm	Ex &	
THUR	11:00am-2:30pm	1	\$16
Latin Dance			
FRI	2:30pm-4:30pm	Ex	\$8
Line Dance - Inter II			
TUES	10:30am-12pm	1	\$6
Line Dance - Inter/Adv			
WED	10am-11:30am	1	\$6
Line Dance - Inter/Adv			
FRI	10am-11:30am	1	\$6
Nationality Dance			
MON	1:30pm-3:30pm	MPR	\$10



GAMES

Participants can socialize while playing the following games.

Day	Time	Room	Cost
Bridge			
MON	10am-2pm	2	\$8
Canasta			
TU/FRI	11:45am-4pm	2	\$10
Canasta - Learn to play			
TUES	9:00 am-11am	\$2 -per visit	
Cribbage			
WED	9am-12pm	2	\$6
Game Club			
TH/FRI	9am-3pm	3	\$10
Pinochle			
FRI	8am-11am	2	\$6
Poker Club			
THUR	2:30pm-4pm	1	\$8
Scrabble			
THUR	9am-4pm	2	\$8

FITNESS

Day	Time	Room	Cost
Chair Exercise			
TU/THUR	11:45am-12:30pm	Ex	\$32
Find Your Groove -Dance/Exercise			
MON	12pm-1pm	Ex	\$8
Low Impact			
TU/THUR	10:30am-11:30am	Ex	\$37
Tai Chi Practice			
MON/FRI	12:15pm-1:15pm	MPR	\$8

FITNESS - (cont.)

Participants will workout to their fitness level to the following classes offered at West Flamingo.

Day	Time	Room	Cost
Yoga			
MON/WED	9am-10:15am	Ex	\$34
Yoga Strength & Stretch			
WED	10:30am-11:45am	Ex	\$21
Yoga - Chair			
WED	12:15pm-1:15pm	Ex	\$19

SPECIAL INTEREST

Day	Time	Room	Cost
Drum Circle			
TUES	3pm-4pm	MPR	\$6
THUR	12pm-1pm		
Learn Mandarin Chinese			
WED	3:30 pm-4:30pm	2	\$6
Korean Song and Karaoke			
FRI	1:00pm-2:30pm	1	\$6
Chinese Song and Karaoke			
FRI	2:30pm-4:00pm	1	\$6

SPORTS

Day	Time	Room	Cost
Pickle Ball			
TUES	10:30am-2:30pm	MPR	\$8
WED	1pm-4:30pm	MPR	\$8
Wii Bowling			
THUR	9am-11am	MPR	\$8
Chair Volleyball			
Fri	2pm-3:30pm	MPR	\$6

MONTHLY ACTIVITIES - Registration for May/June is April 23, 2025 at 9:00 am

ALL ACTIVITIES SUBJECT TO CHANGE

Next brochure is out June 9th - Registration is June 18th for July and August

FIELD TRIPS Join us for monthly excursions. Advanced registration is required via in person lottery system. Trips are non refundable. Additional fees may apply, cash for tickets due at time of registration. Please arrive at least 15 minutes before field trip departure time or you may lose your spot.

Zion, Wed, May 7, Free to register, \$ eat/drink

Follow the paths where people have walked for thousands of years. Gaze up at massive sandstone cliffs of cream, pink, and red that soar into a brilliant blue sky. Experience the tall, stretching walls of a narrow slot canyon. Zion's unique array of plants and animals will enchant you as you absorb the rich history of the past and enjoy the excitement of present-day adventures. Buses leave at 8am and return ~8pm.

Gary Puckett and the Union Gap, Thurs, May 8, \$2 Van, \$38 cash to register

The Union Gap, had its biggest hits with "Woman, Woman", "Young Girl", "Lady Willpower", "Over You", "Don't Give In to Him", and "This Girl Is a Woman Now". Join us at the South Point for some free time to eat, explore, and then go to the concert! Van leaves at 4:00pm and returns ~8:30pm

Jazz in the Park, Sat, May 10, \$2 Van, \$ for food/drinks

Immerse yourself in the enchanting atmosphere with soulful tunes at the Clark County Government Center. This week's artist is Keiko Matsui. Pack a picnic lunch or purchase food from the vendors at the government center. Van leaves at 3:30pm and returns ~10:30pm.

Breakfast Crew, Tues, May 13, \$2 Van Cafe Lola Van leaves at 9:00am and returns ~11:30am.

Aviators, Fri, May 16, \$2 Van, \$25 cash to register, \$ for food/drinks

Join us for a fun night of baseball fun followed by fireworks! Van leaves at 6:15 pm and returns ~ 11 pm.

Jazz in the Park, Sat, May 17, \$2 Van, \$ for food/drinks

Immerse yourself in the enchanting atmosphere with soulful tunes at the Clark County Government Center. This week's artist is Spyro Gyra. Pack a picnic lunch or purchase food from the vendors at the government center. Van leaves at 3:30pm and returns ~10:30pm.

Sunset Station, Tues, May 20, \$2 Van, \$ Food/drinks

Come with us to visit the Sunset Station to bowl, see a movie, or just hang out. Van leaves at 10am and returns ~ 2:30pm.

Lunch Bunch, Tues, May 27, \$2 Van St Honore' A place for pizza and doughnuts! Van leaves at 11:00am and returns ~ 1:30pm.

Super Summer Theater-"Joseph and the Amazing Technicolor Dreamcoat", Thur, May 29, \$2 Van, \$30 cash to register

Enjoy this musical production in the open air theater "under the stars". Van leaves at 4:15pm and returns ~11:00pm

Jazz in the Park, Sat, May 31, \$2 Van, \$ for food/drinks

Immerse yourself in the enchanting atmosphere with soulful tunes at the Clark County Government Center. This week's artist is Kirk Whalum. Pack a picnic lunch or purchase food from the vendors at the government center. Van leaves at 3:30pm and returns ~10:30pm.

Juneteenth: Ready for Freedom - Vegas City Opera, Sun, Jun 15, \$2 Van, Free Event, \$ for dinner after show

Dr. Richard L. Hodges returns to the stage with a new inspirational and powerful performance that highlights the importance of the spiritual in telling the story of freedom. Dinner at BJ's after the show. Van leaves at 2:15pm and returns ~6:45pm.

Meadows Mall, Mon, June 16, \$2 Van, \$ shop/eat

Join us for this shopping extravaganza or opportunity to walk indoors! Van leaves at 10am and returns ~2pm

BINGO

Day	Time	Cost
Fri, May 9	10am-11:30am	\$3
Sponsored by: Optimal Health Members		
Fri, Jun 13	10am-11:30am	\$3
Sponsored by: Alpa-Seniors helping seniors		



BUNCO

Day	Time
Wed, May 14	10am-11:30am
Sponsored by: Elizabeth Oaks	
Wed, June 25	10am-11:30am
Sponsored by: PCA	
Cost: Free!	

CORN HOLE/HORSESHOE

Available to play outside in the courtyard, inquire at the front desk.

Cost: Free! - Leave your Driver's License to check out equipment.

FITNESS ROOM



Monday - Friday 8am-5pm

One Day Pass - \$1
Yearly Pass - \$15

GAME ROOM



Monday - Friday 8am-5pm

One Day Pass - \$1
Yearly Pass - \$15



Schedule your no-cost 30 minute consultation with an attorney.
Free for 60+

SPECIAL EVENTS

Music in the Park
Friday, May 23
7pm - 9pm
Free

Experience an evening of fun with musical entertainment by Eddie Charles and Cool Mist playing oldies, Jazz, and R & B! Tacos available for purchase from Taco 24!

Summer Country Fest
June 26
12pm - 2pm
\$6

Experience an afternoon of country music and line dancing!

SUPPER CLUB

Meet and eat with fellow seniors every 3rd Wednesday at 4pm!

May 21: BBQ Chicken
4276 Spring Mountain Rd

June 18: Chef Kenny's Vegan Dim Sum
5570 W. Flamingo Rd

Cost: Free to join, pay for own meal.

WALKING CLUB

Join us as we travel to parks around the Las Vegas Valley and enjoy the various scenery. \$1 to register per trip.

Will Return in the
FALL



Yarn donations needed please!



WORKSHOPS

CPR Refresher Course
Wednesday, May 7th
10am-11am

Free-Sponsored by Valley Hospital
Come get a refresher on CPR/AED

Storytelling-Neon Museum
Wednesday, May 28
10am-11:30am

Free-Sponsored by Neon Museum
Join us to learn how write your story and create a zine to share with family!

Health Talk
Wednesday, June 4
10am-11am

Free-Sponsored by Anchor Chiropractic Learn a holistic approach to balance and independence.

RTC - Seniors on the Go
Wednesday, June 11
10am-11am

Free-Sponsored by RTC Learn how to ride the public transportation.

Foster for their Futures



While fostering teens may be temporary, the guidance you provide for their future will carry them through adulthood.

Become a foster parent or show your support as a Proud Partner of Clark County Foster Care.

clarkcountyfostercare.com

WHO CAN FOSTER?

AGES 21+ | RENTERS | HOMEOWNERS | WORKING | STAY-AT-HOME
RETIRED | SINGLE | MARRIED | DIVORCED | LGBTQ

GET STARTED TODAY!

Scan the code & sign up for an information session. When you decide that fostering is the right choice, you'll get fingerprinted and start your amazing journey to helping children!



West Flamingo Senior Center
6255 W. Flamingo Rd
Las Vegas, NV 89103
702-455-7742

Hours of Operation
Monday - Friday 8am - 5pm
Closed: May 26th and June 19th

Important Phone #'s:
Emergency: 911
Non-emergency: 311
Senior Advocate: 702-455-7051
West Flamingo Pool: 702-455-4192

ONLINE REGISTRATION

Online Registration can be found at:
[www.ClarkCountyNV.Gov/
ParksRegistration](http://www.ClarkCountyNV.Gov/ParksRegistration)

