

Whitney Senior Center
5712 Missouri Avenue
Las Vegas, NV 89122
702-455-7560

August Senior Activities

Senior Building Hours: Tue - Thur - 8:00am - 3:00pm

Recreation Center Hours: Mon & Fri - 8:00am - 3:00pm

Bingo - Mon/Wed/Fri 11:00am - 12:00pm

Bingocize - Tue/Thurs 10:30am - 11:30am

Canasta - Mon/Wed/Fri 12:00pm - 2:45pm

Crocheting & Sewing - Mon/Wed/Fri 12:00pm - 2:45pm

Game Room- Mon-Fri 8:00am - 1:00pm

Line Dance - Wed 12:15pm - 1:15pm \$5/month

Mexican Train Dominoes - Mon/Wed 12:00pm - 2:45pm

Pinochle Double Deck - Tue/Thurs/Fri 12:00pm - 3:00pm

Senior Painters - Thurs 10:00am - 12:00pm

Sit and Stretch - Mon/Tue/Fri 9:30am - 10:15am

Spades/Uno- Tue 10:30am - 12:00pm & Fri 12:00pm - 3:00pm

Wii Bowling - Mon/Tue 10:00am - 11:30am

Sign-ups for August will start on July 29th at 8:00am

August 1st: Bingocize - (Cost: Free) It will be offered every Tuesday and Thursday by UNR for a duration of 10 weeks. This unique program combines fitness and health education with the classic game of bingo. Join us at 10:30 am on Tuesdays and Thursdays to be a part of Bingocize!

August 2nd: Book Club and Coffee - (Cost: Free) Join us for an enriching journey as we delve into " All The Light We Cannot See " at our upcoming book club with Whitney Library. The meeting starts at 12:15 pm.

August 6th: Mexican Loteria - (Cost: Free) A traditional Mexican board game of chance, similar to bingo, and is played on a deck of cards instead of numbered ping pong balls. Starts at 12:00 pm.

August 7th: Power of Attorney & Basic Estate Planning - (Cost: \$3 trip) You will create a document that will let your wishes be known, appoint a trusted individual to speak for you when you aren't able to and ensure medical professionals know this information. We will leave at 8:30 am and return about 12:30 pm. Registration starts on July 17th.

August 13th: Left, Right, Center Game - (Cost: Free) Left, Right, Center involves both luck and strategy where players take turns to roll the dice and pass poker chips based on the outcome of dice rolls. The goal of each player to win the game is to be the only player to have chips remaining by the end. Starts at 12:00 pm.

August 13th: \$10 tattoos - (Cost: \$3 trip + Activity) Are you searching for an artistic and budget-friendly tattoo? Discover the new Las Vegas tattoo shop with flash art starting at \$10 up to \$80. We will leave at 10:00 am.

August 14th: Perfectly Polished - (Cost: \$2.00) Having fabulous nails is always in fashion, join us to get your nails paint by Araceli. Starts at 12:00 pm.

August 21st: Tech Talk - (Cost: Free) If you need help with any of your electronic devices, we will do our best to solve your problems. Please bring your device and chargers. Time: 12:00 pm – 1:00 pm.

August 22nd: Camp Lee - (Cost: \$3 trip) Join us for a fun filled day up to Lee Canyon where the average temperature is 90. We will be able to go into Camp Lee and you'll be able to explore the area and after we will go on a picnic. Please wear comfortable clothes and shoes, pack water, sunscreen, and a lunch for the picnic. We will leave at 9:00 am.

August 26th: Twirl & Twist Headbands - (Cost: Free) Join us to make some pretty head bands Starts at 12:15 pm.

August 28th: Cracker Barrel - (\$3 van ride and Breakfast) Breakfast in Las Vegas, NV wouldn't be complete without Cracker Barrel's delicious homestyle food. Our all-day breakfast, lunch, and dinner menus allow you to get your fill of comfort food. We will leave Whitney at 9:30 am.